

INJECTION PREPARATION SHEET

*MEDICATIONS TO BE **STOPPED** 5 DAYS PRIOR TO THE INJECTION:*

*ANY BLOOD-THINNING MEDICATIONS
(PLEASE ASK YOUR DOCTOR IF UNSURE)*

- 1. All non-steroidal anti-inflammatories:** Aspirin, Ecotrin, Motrin, Naprosyn/Naproxen, Aleve, Iburprofen, Lodine, Daypro, Cataflam, Relafen, Mobic, Advil, Voltaren, Excedrin, Etodolac, Celebrex, etc.
- 2. Pain Medications with Aspirin:** Aspirin, Fiorinal, Percodan, Taiwin
3. Coumadin, Heparin, Plavix, Ticlid
4. Steroids—Please discuss with Doctor

*MEDICATIONS THAT ARE **OKAY** TO CONTINUE WHILE GOING IN FOR AN INJECTION*

- 1. Pain Killers:** Tylenol #3, Darvocet, Lortab, Demerol, Oxycontin, Percocet, Tylox, Roxicet, Parafon Forte, Vicodin, Lorcet, Ultram
- 2. High Blood Pressure Medications:** All high blood pressure medications should be continued and to include: **Maintenance Drugs** such as for Cholesterol and Diabetes

PATIENTS SHOULD BE AWARE TO DO THE FOLLOWING:

- 1. CANCEL** all treatments (Massage, Physical Therapy, Acupuncture, Chiro) **UNLESS** the Dr. says otherwise
2. For any **Spinal Injections**, **ABSOLUTELY** no solid food three (3) hours prior to procedure
3. For any **Spinal/Cervical Injections**, patient **MUST** be accompanied by a driver
4. Be sure to notify doctor if you are **PREGNANT**